

**CARE & LEARNING SERVICE
OCCUPATIONAL THERAPY**

HAND WRITING RESOURCES

Speed Up Programme – Lois M Addy

Available from Amazon – ISBN 1855033860

- A kinaesthetic programme to develop fluent handwriting, for children from 8 to 13 year of age
- Based on multi-sensory activities, kinaesthetic and perceptual motor activities targeted to improve handwriting fluency and speed
- Programme can be delivered by teacher or PSA, does not require any specialist training
- Presented in 8 weekly sessions
- Done in small groups
- Homework element/expectation on child/family to commit

Write from the Start – Ion Teodorescu and Lois M Addy

Available from Amazon – ISBN 1855032457

- Unique programme to develop the fine motor skills necessary for effective handwriting
- Suitable for any child between 4 – 11 years
- Programme comprises 8 booklets, each dealing with a number of specific areas.
- OT advise to use in conjunction with a multi-sensory approach to learning handwriting

Fine Motor Skills – Mark and Katy Hill

Available from Amazon – ISBN 1855034042

- Book of activities to improve motor control (can be photocopied)
- Activities presented in book aim to help develop the full range of fine motor skills

Pre-Handwriting Fun Deck

Available from Taskmaster – www.taskmasteronline.co.uk

- 56 double sided card set of exercises and activities targeting upper body, fine motor and perceptual skills required for handwriting and other daily skills
- Includes a set of dry erase markers so handwriting activities can be done directly onto cards

Joining the ABC, A Hand for Spelling - Charles Cripps

Available from Amazon

Roll-n-Write Alphabet

www.ldalearning.com

EDUCATIONAL RESOURCES

Handwriting Guidelines

www.highlandliteracy.com

Supporting Writing Difficulties

A Practical guide – Call Scotland

<https://atss.wordpress.com/2014/11/20/supporting-writing-difficulties-infographic-from-call-scotland/>

Various handwriting activity books and programmes; selection of pencils and pencil grips

Taskmaster

www.taskmasteronline.co.uk

Special Direct

www.specialdirect.com

LDA Learning

www.ldalearning.com

Angled Writing Boards



Junior Angled Writing Board

<http://www.posturite.co.uk/workstation-accessories/writing-slopes.html>

OCCUPATIONAL THERAPY ASSESSMENT RESOURCES

Detailed Assessment of Speed of Handwriting (DASH)

Handwriting Assessment Tool

(Pearson)

DASH is used to analyze the speed and legibility of a child's handwriting. The DASH assessment identifies words per minute in relation to national averages, under both test and non-test conditions.

VMI (Beery)

Developmental test of visual motor Integration